

# 給予

## 檢測呈陽性市民的健康措施建議

### Advice on health measures for persons tested positive

#### 預防傳播 Avoid spread of the disease

- ▶ 於檢測陽性後的首五天應時刻佩戴貼面的外科口罩、KF94口罩、KN95口罩或呼吸器（例如N95口罩）

Wear a well-fitting surgical mask, a KF94 mask, a KN95 mask or a respirator (such as a N95 mask) during the first five days after testing positive

- ▶ 盡量減少與其他人在沒有佩戴口罩的情況下接觸（如同桌用膳）

Avoid contacting with others in mask-off situation (e.g. having meals with other people at the same table)

- ▶ 避免接觸高危人士

Avoid contact with high-risk individuals

- ▶ 盡可能打開窗戶

Keep windows open as far as feasible

- ▶ 每日清潔和消毒家居環境

Clean and disinfect the household environment every day



#### 盡快求醫 Seek medical advice as soon as possible



高危人士  
High-risk persons

出現明顯病徵  
Develop obvious symptoms

病徵惡化  
Deterioration of conditions



#### 出行安排 About leaving home

- ▶ 不應前往人多擠迫的地方及參與大型聚會

Should not go to crowded places and attend mass gatherings

- ▶ 有病徵的應留在家中休息，避免外出；沒有徵狀的可自由外出或上班  
Those with symptoms should stay at home for rest and avoid going out; those without symptoms can go out on their will or go to work

- ▶ 有病徵的學生則不應回校上課

Students with symptoms should not attend schools

